FIRST STEPS ENGLISH FOR BEGINNERS

Your Path to Confident English

Learning Plan Book

A story-led route from early A1 foundations towards practical A2 confidence. This is an editorial planning draft for learners, families and future collaborators.







Learn the language because the story needs it. Return because the characters matter.

10	**100+**	**A1 to A2**
story chapters	narrative episodes and practice bonuses	a gradual, practical progression

01 - THE PROMISE

One story. A real learning route.

First Steps is designed as a serial story, not as a set of unrelated grammar classes. Every episode gives the listener a reason to understand, remember and use English.

EDITORIAL MAP	STORY + ENGLISH + CONFIDENCE

The learner follows Maya and Leo through ordinary but meaningful challenges: arriving somewhere new, finding a room, asking for work, making mistakes, building friendships and deciding what to do next.

The editorial rule

Each language point must earn its place in the story. If Maya needs to ask for help, the listener learns how to ask for help. If Leo needs to confirm a time, the listener learns how to check information.

The learning result

The learner meets the same grammar and vocabulary repeatedly, in changing emotional situations. That recurrence builds recognition first, then confidence.

LISTEN	NOTICE	REPEAT	RETURN
Hear a real scene at natural speed.	Understand it slowly, step by step.	Shadow useful sentences in context.	Hear the scene again with more confidence.

The First Steps listening loop

A simple repeatable structure lets a beginner meet authentic meaning without being left behind.

EDITORIAL MAP	STORY + ENGLISH + CONFIDENCE

1	**Natural conversation** Listen first. Do not try to understand every word.
2	**Dive In** Peter unpacks the conversation slowly and clearly.
3	**Useful Sentences** See how key phrases work in daily life.
4	**Pay Attention** Notice grammar, vocabulary or pronunciation that can cause confusion.
5	**Shadowing** Repeat selected lines after a four-second space.
6	**Natural conversation again** Listen at normal speed and hear your progress.

The downloadable transcript and study materials are not a substitute for listening. They are a bridge back to the audio.

Memorable characters create repetition with meaning.

Maya and Leo are not exercises. Their choices create the situations in which English becomes necessary.

EDITORIAL MAP	STORY + ENGLISH + CONFIDENCE



Maya
A talented newcomer who is learning to ask for help, recover from mistakes and make a place for herself.





Leo
Warm, practical and patient. He helps Maya, but he also has responsibilities and choices of his own.



Chapter questions

Every ten episodes answers one emotional question and opens the next one: Can Maya make a new start? Can she keep a job? Who can she trust? What kind of future does she want?

Ten chapters, one gradual A2 route

The first 100 story episodes are designed as a coherent route. Review bonuses reinforce progress without slowing the story.

EDITORIAL MAP **STORY + ENGLISH + CONFIDENCE**

CHAPTER	STORY WORLD	ENGLISH PROGRESSION
1	A Chance for Maya - arrival, shelter, a first opportunity	Introductions, help, places, time, immediate needs
2	A Place in the City - routine begins to matter	Present simple, daily routines, days, frequency
3	Home and Family - belonging and identity	Have got, possessives, descriptions, this/that
4	The Cafe Table - service and small choices	Food, countables, quantities, orders, prices
5	Across Town - movement and comparison	Directions, transport, place prepositions, comparatives
6	Work and Wellbeing - responsibility grows	Can/can't, advice, obligations, health and work
7	What Happened Yesterday? - a setback	Past simple, sequence, feelings, personal stories
8	The Next Step - choices and plans	Going to, will, invitations, predictions, goals
9	People and Experiences - perspective	Present perfect basics, experiences, agreement
10	A New Beginning - an earned decision	Integrated A2 review, independent conversation

After each chapter: a 50-sentence Shadowing Lab, a character recap and a professional workbook. The route may extend beyond 100 episodes if a skill needs more meaningful repetition.

05 - LANGUAGE MAP

Grammar is introduced, then revisited.

The objective is not to race through rules. The objective is to recognise a useful pattern, hear it again in a new situation, and use it with confidence.

EDITORIAL MAP	STORY + ENGLISH + CONFIDENCE

CHAPTER	STORY WORLD	ENGLISH PROGRESSION
Ch. 1	be, subject pronouns, basic questions, imperatives	I am Maya. Is that the last bus? Look under the mat.
Ch. 2	present simple, do/does, adverbs of frequency	She works on Mondays. Do you live near here?
Ch. 3	have got, possessives, demonstratives	I have got a sister. This is my room.
Ch. 4	countable nouns, some/any, much/many	Would you like some coffee? How much is it?
Ch. 5	there is/are, place prepositions, comparatives	There is a bus stop near here. This route is faster.
Ch. 6	can, have to, should	Can you help? You have to rest. You should see a doctor.
Ch. 7	past simple, time connectors	I missed the bus because I left late.
Ch. 8	going to, will, invitations	I am going to apply. I will call you later.
Ch. 9	present perfect basics, ever/never, just	Have you ever worked here? I have just arrived.
Ch. 10	integrated review and connected speech	I have learned a lot, and I am going to keep practising.

Vocabulary grows through the world of the story.

Words are recycled across scenes, materials and shadowing sessions. The goal is usable vocabulary, not a disconnected word list.

EDITORIAL MAP **STORY + ENGLISH + CONFIDENCE**

CHAPTER	STORY WORLD	ENGLISH PROGRESSION
Ch. 1	arrival, home, help, time, work	bus, door, key, worried, interview
Ch. 2	routines and the neighbourhood	morning, usually, early, nearby, busy
Ch. 3	family, rooms, belongings	parents, cousin, kitchen, shelf, jacket
Ch. 4	food and service	menu, cup, order, change, hungry
Ch. 5	city and transport	turn, corner, station, ticket, cheaper
Ch. 6	jobs and health	shift, uniform, tired, appointment, pain
Ch. 7	events and emotions	yesterday, suddenly, disappointed, relieved, message
Ch. 8	plans and ambitions	apply, save, decide, hope, future
Ch. 9	people and experience	already, yet, experience, opinion, trust
Ch. 10	independence and reflection	progress, choice, promise, proud, next step

Pronunciation is always connected to meaning: final sounds in *locked*, word stress in *interview*, weak forms in natural questions, and the rhythm of short practical sentences.

Chapter 1 - A Chance for Maya

Working titles and learning focus. These are editorial commitments, not final published titles, and may improve as the story develops.

EDITORIAL MAP | **STORY + ENGLISH + CONFIDENCE**

EP.	WORKING TITLE	STORY TURN	LANGUAGE FOCUS
001	The Last Bus	Maya arrives after the last bus leaves.	be; introductions; asking for help
002	The Blue Door	A locked door becomes Maya's first small victory.	there is; this/that; home vocabulary
003	Just for a Few Days	Maya explains why she needs work quickly.	staying; time limits; needs
004	Someone for the Cafe	An unexpected interview changes the day.	questions; work; times
005	Could You Say That Again?	Maya learns to check details instead of pretending.	clarification; numbers; polite requests
006	The Missing Folder	A lost folder tests Maya's calm.	colours; location; this/that
007	More Than Coffee	Maya shares the skill that matters to her.	can/can't; jobs; abilities
008	I Don't Know Yet	Maya begins learning a new task.	how to; yet; learning
009	The Wrong Cup	A mistake becomes a chance to ask again.	mistakes; instructions; good job
010	I'll Be Here Tomorrow	Maya chooses to return and try again.	future time; commitment; review

The chapter closes with a Shadowing Lab and a character recap, accompanied by a downloadable workbook.

Chapter 2 - A Place in the City

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EDITORIAL MAP | **STORY + ENGLISH + CONFIDENCE**

EP.	WORKING TITLE	STORY TURN	LANGUAGE FOCUS
011	The Morning List	Maya tries to organise her first full week.	present simple; routine verbs
012	Tuesday at the Market	A familiar face makes the city feel smaller.	days; food; prices
013	Too Early, Too Late	Leo and Maya compare their morning habits.	frequency; time expressions
014	The Neighbour Upstairs	A small noise creates a new connection.	likes; dislikes; questions
015	A Message for Maya	A phone message cannot wait.	telephone phrases; spelling
016	The Long Way Home	Maya takes a different route home.	directions; transport basics
017	Saturday Plans	A free day brings an invitation.	free time; present simple
018	The Laundry Room	A practical task becomes a comic problem.	instructions; household vocabulary
019	A Quiet Sunday	Maya misses someone from home.	family; emotions; routines
020	The New Habit	Maya notices how far she has come.	review: present simple and frequency

The chapter closes with a Shadowing Lab and a character recap, accompanied by a downloadable workbook.

Chapter 3 - Home and Family

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EDITORIAL MAP **STORY + ENGLISH + CONFIDENCE**

EP.	WORKING TITLE	STORY TURN	LANGUAGE FOCUS
021	A Photo on the Shelf	A photograph starts a family conversation.	family; have got
022	My Sister's Room	Maya describes home to Leo.	rooms; possessives; adjectives
023	The Spare Key	Trust is tested with one small object.	whose; possessives; safety
024	This Old Jacket	An old jacket carries a memory.	this/that; clothing; memories
025	Dinner for Three	Maya invites someone into her new life.	invitations; food; some/any
026	A Call Home	A difficult call ends more warmly than expected.	questions; family; feelings
027	The Small Bedroom	Maya makes the room her own.	there is/are; furniture
028	What Is Yours?	A mix-up reveals an important difference.	mine/yours; belongings
029	The Family Recipe	Food brings two stories together.	ingredients; countable nouns
030	A Place to Keep	Maya starts to feel at home.	review: home and family

The chapter closes with a Shadowing Lab and a character recap, accompanied by a downloadable workbook.

Chapter 4 - The Cafe Table

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EDITORIAL MAP	STORY + ENGLISH + CONFIDENCE

EP.	WORKING TITLE	STORY TURN	LANGUAGE FOCUS
031	The First Order	Maya takes an order alone.	polite requests; menu words
032	No Sugar, Please	A customer asks for a change.	some/any; preferences
033	The Busy Lunch	The cafe becomes difficult to manage.	quantities; sequencing
034	A Table by the Window	A conversation begins with a seat.	there is/are; place language
035	The Wrong Change	Maya checks the money again.	prices; numbers; clarification
036	Something Vegetarian	A new customer needs help choosing.	countable/uncountable; questions
037	One More Cup	Leo teaches a useful shortcut.	comparatives; service language
038	The Empty Fridge	A late delivery creates a problem.	not enough; food; solutions
039	A Thank-You Note	A small note changes Maya's day.	gratitude; adjectives
040	After Closing	Maya and Leo talk honestly after work.	review: food, service and choices

The chapter closes with a Shadowing Lab and a character recap, accompanied by a downloadable workbook.

Chapter 5 - Across Town

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EDITORIAL MAP | **STORY + ENGLISH + CONFIDENCE**

EP.	WORKING TITLE	STORY TURN	LANGUAGE FOCUS
041	The Lost Ticket	Maya needs to cross town without a ticket.	transport; questions
042	Turn Left at the Bank	A stranger gives quick directions.	imperatives; prepositions
043	The Cheaper Route	Maya compares two ways home.	comparatives; transport
044	The Museum Map	A map leads to an unexpected meeting.	map language; location
045	Rain at the Station	A delay tests everyone's patience.	weather; present continuous intro
046	The Wrong Platform	Maya has to correct a mistake quickly.	checking information; numbers
047	A Seat for Nora	A journey reveals a new side of Nora.	offers; polite questions
048	The Last Tram	Maya must make a difficult choice.	time; advice; obligation
049	The View from the Bridge	A pause changes the mood of the chapter.	describing places; comparatives
050	Back Where We Started	Maya returns with a new sense of direction.	review: moving around town

The chapter closes with a Shadowing Lab and a character recap, accompanied by a downloadable workbook.

Use First Steps in 15 minutes a day.

A gentle routine creates more progress than a rare, exhausting study session.

EDITORIAL MAP | **STORY + ENGLISH + CONFIDENCE**

EP.	WORKING TITLE	STORY TURN	LANGUAGE FOCUS
Day 1	Listen to the episode once without stopping.	Catch the feeling and the situation.	
Day 2	Listen again with the transcript nearby.	Notice the line you did not understand yesterday.	
Day 3	Read the Useful Sentences examples.	Choose three phrases for your own life.	
Day 4	Complete one page of the workbook.	Practise without looking at the answer key.	
Day 5	Shadow the selected lines.	Use the four-second space. Speak kindly, not perfectly.	
Weekend	Replay the natural-speed conversation.	Notice how much more you understand now.	

A good goal: understand more of the story every week, not every word on the first listen.

09 - THE LONG VIEW

English grows one meaningful scene at a time.

This book is a living plan. The story will stay dynamic; the curriculum will stay deliberate; the learner will never be asked to choose between enjoyment and progress.

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What First Steps promises

A STORY WORTH FOLLOWING	ENGLISH WORTH KEEPING	A PATH YOU CAN SEE
Characters change, relationships matter and each chapter has a question worth returning for.	Every sentence supports real beginner communication: help, home, time, work, feelings and choices.	The curriculum is public. You can see what you have learned and what comes next.

Next action

Start with Episode 1. Let Maya take the last bus. Then come back for the next scene.

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